



Thank you, and congratulations for choosing 5th Point for your IRATA International Rope Access Training Course. This information sheet provides additional information about your chosen level of IRATA training.

Training Requirements

All IRATA course candidates must attend a minimum of **four days of training**, followed by **one day of assessment**. This includes re-validation of existing qualifications.

Candidate's re-validating or upgrading an existing IRATA qualification must present an **up-to-date IRATA Logbook on the first day of training**. Failure to present an up-to-date IRATA Logbook will result in the candidate being excluded from the course due to non-compliance with the IRATA Training, Assessment and Certification Scheme.

Candidates who wish to upgrade an existing IRATA ticket must have an **in-date qualification on the date of assessment**. If your qualification has expired, please contact us immediately on:

+64 (0) 4 5867 002 or through training@5thpoint.co.nz

Level 1 Course Requirements

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| New | <ul style="list-style-type: none"> • No prior experience • Aptitude for heights • Reasonable level of fitness • Minimum age of 18 years old. |
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| Re-Validation | <ul style="list-style-type: none"> • Up-to-date IRATA Logbook |
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Level 2 Course Requirements

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| Upgrade | <ul style="list-style-type: none"> • Minimum of 12 months as a Level 1 • Minimum of 1000 hours logged and signed off in an IRATA Logbook • Current IRATA Level 1 qualification (not expired) |
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| Re-Validation | <ul style="list-style-type: none"> • Up-to-date IRATA Logbook |
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Level 3 Course Requirements

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| Upgrade | <ul style="list-style-type: none"> • Minimum of 12 months as a Level 2 • Minimum of 1000 hours logged and signed off in an IRATA Logbook • Current IRATA Level 2 qualification (not expired) |
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| Re-Validation | <ul style="list-style-type: none"> • Up-to-date IRATA Logbook |
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5th Point Group

Operations | Australia | New Zealand

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Training Support

On the first day of your course, you will be supplied with 5th Point's Rope Access Training Manual as well as information about and access to IRATA publications including the International Code of Practice (ICOP) and the Training, Assessment and Certification Scheme (TACS).

If you have the opportunity to review these documents, particularly the TACS, prior to undertaking your training, they are available at the following links:

IRATA Training, Assessment and Certification Scheme: <https://irata.org/downloads/2059> IRATA

International Code of Practice: <https://irata.org/downloads/2055>

Where we are

We are located at **6/34 Seaview Road, Seaview in Lower Hutt, Wellington**. There is ample onsite parking available at the facility.

Trains and buses are available from central Wellington. The closest train station is Ava station in Petone, and buses travel along Seaview Road. If you are commuting to the training centre, you can find out more information about departure times of buses and trains through <http://www.metlink.org.nz>.

Remember, training kicks off at 0800 every morning and will run through till approximately 16:30. Breaks will be given throughout the day.

What to bring

Please wear suitable clothing for active movement. The training facility can be hot in summer and very cool in winter, but rope access is a physical activity and appropriate layering of clothing should be chosen depending on the time of year. Enclosed footwear **must** be worn at all times. Work boots or steel-toe capped boots are not necessary. We have found during courses that hiking boots, or strong sturdy shoes are the most appropriate.

All rope access equipment will be provided for candidates throughout your training.

Onsite Facilities

Complimentary tea, coffee, and water are provided at the training centre. Course candidates also have access to kitchen facilities. There are local cafes near 5th Point along Seaview Road, approximately a 5min walk away.

Where to stay

There is accommodation near the training centre in Hutt Park and several accommodation options in nearby Petone, as well as numerous hotels and backpackers in central Wellington. We do advise that wherever you stay, you check the distance and time needed to travel to 5th Point, to ensure you are at the training facility prior to commencement each morning.

We hope that you have an enjoyable experience during your course, and once again we would like to thank you for choosing 5th Point. If you have any questions or enquiries, please contact us at training@5thpoint.co.nz.

